## Registration Open for BayCare Clinic's Wellness Wakeup Series Part II

🔒 Join us for Wellness Wakeup! 🔒

Awaken your health: Learn, Connect, Thrive 💋 🐆

Join us for a free event featuring insights from:

- Brian Kilka, MD
- Sierra Rusch, OTR/L
- Mitchell Voss, PP-OTD, MBA, OTR/L

## Topics:

- Common upper extremity wellness concerns
- Conservative approaches & post-operative solutions for CMC joint pain

Date & Time: April 17, 2025, at 8:00 AM Location: Horizon Square Building, 1110 Kepler Dr., 4th Floor, Green Bay, WI 54311

RSVP: https://baycare.jotform.com/250763944143055

Free Breakfast included!

Don't miss this opportunity to rejuvenate your mind, body, and soul. Let's embark on this wellness journey together!

#WellnessWakeup #HealthAwareness #LearnConnectThrive #HealthyLiving