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Prevea Health offers free, virtual newborn care classes

GREEN BAY, Wis. – Prevea Pediatrics is holding free, virtual newborn care classes in February, April and June for Prevea patients and community members.

Whether you're a new parent or it has been a few years, the classes will offer an opportunity to ask questions and help you understand what to expect in the first two months of baby's life, including:

- What to expect in the hospital when baby is born
- Newborn characteristics
- Skin conditions
- When to call the doctor
- Swaddling
- Skin-to-skin contact
- Feeding – patterns, how much, burping, etc.
- Sleeping
- What your baby's cries mean
- Bathing

With more than one opportunity to tune in, you can choose the date that works for you. All classes are held via Zoom from 6:30 to 8 p.m.

Tuesday, Feb. 13

[Bradly Paus, DO](#)

Pediatrician

Tuesday, April 9

[Samantha Johnson, MD](#)

Pediatrician

Tuesday, June 11

[Rebecca Gehrmann, MD](#)

Pediatrician

Registration is required at: www.prevea.com/events

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About Prevea Health

Prevea Health is a community of passionate and accomplished physicians, caregivers and staff working together to provide exceptional health care. Patients have trusted Prevea with their medical care needs since 1996 when the organization was founded in Green Bay, Wis. Today, Prevea provides primary care and a wide range of specialty medical care in clinic, hospital, and workplace settings across Northeast Wisconsin. It is partnered with Hospital Sisters Health System (HSHS) which operates hospitals in Wisconsin. For more information about Prevea Health, visit www.prevea.com