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Prevea Health pediatrician to answer infant care questions

Virtual presentation on April 26 will offer parenting tips for newborns

Northeast Wisconsin – Welcoming a child into the world is a life-changing experience that presents different challenges and questions for all parents. Regardless of whether you are a first-time parent, or it has been a few years since a baby was in your home, Prevea Pediatricians can help by answering and addressing your infant care questions.

Tuesday, April 26 at 6 p.m., <u>Dr. Shilpa Ullikashi</u>, pediatrician at Prevea St. Mary's Health Center in Green Bay, will host a Zoom presentation to share parenting tips and what to expect in the first several months of a baby's life. Topics presented will include:

- Newborn characteristics and skin conditions
- Medications, taking baby's temperature and when to call the doctor
- Swaddling
- Skin-to-skin
- Feeding baby patterns, how much, growth spurts, burping, when to start solids, etc.
- Sleeping napping, how much, schedules, etc.
- What your baby's cries mean causes of crying and comforting baby
- Cleaning baby
- Crawling, walking and other milestones
- The importance of play

To register, please visit: <u>www.prevea.com/events</u>

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About Prevea Health

Founded in Green Bay, Wis. in 1996, Prevea Health is a health care organization that provides high-quality, primary and specialty health care in 80+ locations across northern, eastern and western Wisconsin in clinic and hospital settings. It is partnered with six Hospital Sisters Health System (HSHS) hospitals across Wisconsin to provide patients a system of highly-coordinated care, close to home: HSHS St. Vincent Hospital and HSHS St. Mary's Hospital Medical Center in Green Bay; HSHS St. Nicholas Hospital in Sheboygan; HSHS St. Clare Memorial Hospital in Oconto Falls; HSHS Sacred Heart Hospital in Eau Claire; and HSHS St. Joseph's Hospital in Chippewa Falls. For more information, visit <u>www.prevea.com</u>.